<table>
<thead>
<tr>
<th>Time</th>
<th>Item &amp; Speaker(s)</th>
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| 9:00 – 9:30 | Registration  
Tea, coffee, exhibitions & posters                                               |
| 9:30 – 9:40 | Welcome  
Henry Simmons, Chief Executive, Alzheimer Scotland plus Archie Noone, Chair, Scottish Dementia Working Group (SDWG) & Maggie Muir, Member, National Dementia Carers Action Network (NDCAN) |
| 9:40 – 9:55 | Why is it taking so long?  
The challenges of implementing national strategy at local level. What’s the gap and how do we bridge it?  
Henry Simmons, Chief Executive, Alzheimer Scotland                                    |
| 9:55 – 10:10 | What’s next for Scotland?  
Further insights into the third dementia strategy; national standards for dementia care; post diagnostic support (PDS) developments, including European PDS activity  
Geoff Huggins, Director of Health and Social Care Integration, Scottish Government      |
| 10:10 – 10:25 | Brexit! What does this mean for dementia?  
Post Brexit implications for research and cooperation in Europe  
Jean Georges, Executive Director, Alzheimer Europe                                       |
| 10:25 – 10:55 | When will there be good news?  
Where’s my new drug?  
Personal account of hopes, disappointments and aspirations for dementia research  
Anne Macdonald, Vice-Chair, SDWG                                                        |
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| 10:55 – 11:25 | Coffee Break  
Exhibitions & posters |
| 11:25 – 12:25 | Parallel Sessions |
| 12:25 – 13:25 | Lunch  
Exhibitions & posters |
| 13:25 – 14:25 | Parallel Sessions |
| 14:25 – 15:10 | Coffee Break  
Exhibitions & posters |
| 15:10 – 15:30 | The road to a rights based approach to dementia:  
The impact of diagnosis and my human rights.  
Helen Rochford Brennan, Chairperson, European Working Group of People with Dementia  
Why Alzheimer Scotland initiated a human rights approach to strategy, policy and practice  
Jim Pearson, Director of Policy & Research, Alzheimer Scotland |
| 15:30 – 16:20 | Yes it does! No it doesn’t! Contradictory nutrition, food & drink risk reduction & prevention messages. |
| 15:30 – 15:35 | Personal aspirations and the challenges of contradictory media messages  
Duncan Ross, Member, National Dementia Carers Action Network |
| 15:35 – 15:45 | What do the confusing & contradictory media messages mean?  
Chris Lynch, Deputy Director of Communications & Marketing, Alzheimer Scotland |
| 15:45 – 15:55 | Risk reduction & prevention  
Prof. Craig Ritchie, Director of the Centre for Dementia Prevention, The University of Edinburgh |
### Parallel Sessions

**AM: Connecting people, connecting support**

*Description:* This session will share how we are working collaboratively to bridge the gap between policy and practice in Scotland. Bringing together people with lived experience and professionals to make it happen! This interactive session will provide examples of where we know things are working well in post diagnostic support, care co-ordination in the community and hospital settings. Improvement is happening...you can do it too!

*CHAIR:* Michelle Miller, National Improvement Lead, Focus on Dementia

Julie Miller, Associate Improvement Advisor, Focus on Dementia

Elaine Hunter, National Allied Health Professions Consultant, Alzheimer Scotland
AM: **Caring by design: function vs aesthetics**

Description: The importance of design & innovation in future dementia care environments. Areas of focus will include the HammondCare approach to care home design in Australia; Alzheimer Scotland’s approach to dementia resources centres as public spaces and insights into product design and domestic spaces.

CHAIR: Colm Cunningham, Director of Dementia Centre, Hammond Care
Joyce Gray, Deputy Director of Development, Alzheimer Scotland
Jeni Lennox, Project Manager, Dementia Circle
Ross Hunter, Director, Graven

AM: **Nutrition, food & drink**

Description: Developments, insights and solutions to some of the food and drink challenges associated with dementia, including a chef’s approach to dignified and enjoyable meal times; strategies for adopting a risk reduction diet; simple adaptations to make the kitchen a safe and enjoyable heart of the home.

CHAIR: Barbara Sharp, Policy & Research Advisor, Alzheimer Scotland
Dr Martha Clare Morris, Associate Professor, Rush University Medical Center, Chicago
Peter Morgan-Jones, Executive Chef and Food Ambassador, HammondCare

AM: **Make it equal: all of our roles in equalities and dementia**

Description: A 2016 report ‘Dementia and Equality’ from NHS Health Scotland and Alzheimer Scotland found a number of population groups to be under-researched in research and that practice responses varied hugely. With a particular focus on lesbian, gay, bisexual and transgender people, and people with learning disabilities this session will explore what we know, what we don’t know, ongoing work and what we can all do to better support people with a range of diverse backgrounds and needs who are affected by dementia.

CHAIR: Amy Dalrymple, Head of Policy, Alzheimer Scotland
Graham Jackson, Alzheimer Scotland Professor of Dementia Care, Alzheimer Scotland Centre for Policy and Practice, University of West of Scotland
Michael Tornow, Senior Health Improvement Officer - Public Service Reform, Health Scotland
Karen Watchman, Senior Lecturer in Frailty, Ageing and Dementia, University of Stirling
**AM & PM: Innovations in practice - music, film, dementia dogs & language**  
Description: An interactive showcase of non-pharmacological innovations that are currently used in day support and what could be on offer in the future.  
CHAIR: Jan Beattie, Deputy Director Workforce Development, Alzheimer Scotland  
Robbie Norval, Director & Founder, Lingo Flamingo  
Andy Lowndes, Deputy Chair & Training Lead, Playlist for Life  
Michael White, Football Memories Manager, Alzheimer Scotland  
Kerry Gough, Dog Instructor, Castle Huntly Prison & Jim Baird, Community Activity Organiser, Alzheimer Scotland

**PM: Designing services for younger people with dementia**  
Description: Learn about current services; the challenges for younger people accessing relevant services; discussion on improving future support and a case study from one family’s experience living with a diagnosis.  
CHAIR: Jim Pearson, Director of Policy & Research, Alzheimer Scotland  
Dr Marie Prince, Clinical Psychologist, NHS Greater Glasgow and Clyde  
Karen Lau  
Dr Gary Stevenson, Consultant Psychiatrist, NHS Fife  
Ros Wilson, Practice Team Leader, Alzheimer Scotland

**PM: Advanced illness, end of Life & palliative care**  
Description: This session will consider what is needed and what is happening to improve the experiences of people with advanced dementia and those who are dying with dementia. It will include personal, professional and academic perspectives.  
CHAIR: Amy Dalrymple, Head of Policy, Alzheimer Scotland  
Muriel Reid  
Iva Holmerova, Chairperson, Alzheimer Europe  
Prof. Debbie Tolson, Alzheimer Scotland Professor of Dementia/Director, Alzheimer Scotland Centre for Policy and Practice, University of West of Scotland
PM: Enabling technologies: technology and digital innovation
Description: Innovations in technology that help people with dementia live better, including an update on the progress of the technology charter; Purple Alert; the rise in the use of health trackers and self-diagnosis tool; and what this means for information provision, risk reduction and prevention.
CHAIR: Joyce Gray, Deputy Director of Development, Alzheimer Scotland
Charlotte Swarbrick, Technology Coordinator, Alzheimer Scotland
Gillian Anderson, Technology Coordinator, Alzheimer Scotland
Nicola Copper, Technology Coordinator, Alzheimer Scotland
Tommy Petillo, Website Manager, Alzheimer Scotland
Sandra Shaffi, Consultant

PM: Capturing person centeredness – sex, diversity and hope
Description: This session will involve three individual presentations showcasing why person centred care is essential when helping people to live well with dementia.
Chair: Prof Jan Dewing, Sue Pembrey Chair in Nursing, Queen Margaret University
“Let’s Talk About Sex…….. uality”
Richard Leckerman, Service Manager, Alzheimer Scotland
Jen Hall, Training Officer, Alzheimer Scotland

Hope inspiring relationships and their impact on stress in dementia
Barbara Sharp, Policy & Research Advisor, Alzheimer Scotland
Margaret Brown, Senior Lecturer, University of the West of Scotland

Integrating an occupational therapy internship programme with education to capture and understand the importance of person-centred care when working with people experiencing dementia
Dr Fiona Maclean, Senior Lecturer, Queen Margaret University
Elaine Hunter, National Allied Health Consultant, Alzheimer Scotland

What makes us stronger – resilience amongst carers of people with dementia
Maureen Huggins, Member, National Dementia Carers Action Network